

Strengthening organisations by
looking after your people, assets
and operations globally.

Hostile Environment Awareness Training (HEAT)

Our *Hostile Environment Awareness Training (HEAT)* courses are specifically designed to prepare your personnel for travelling to hostile, complex or challenging environments.

What is HEAT?

The *HEAT* courses aim to raise awareness of the risks posed to individuals, how to mitigate these risks and how to react if an incident occurs. Each course provides a blend of classroom learning, applied scenarios (which include testing the attendees), hands-on training and other practical skills.

We offer a range of topics and work closely with you to ensure that we deliver the content most appropriate to you and your personnel. We're also happy to create bespoke courses including additional elements if you require them.

Our standard courses include the following topics:

- Risks to workers/travellers when overseas
- Travel safety and security
- Threats from terrorism – active shooters, bombings etc.
- Self-defence and prevention of personal attacks
- Security planning and incident response

- Effective management of vehicles and drivers as well as driving overseas (including preventing and/or reacting to road traffic accidents)
- Natural catastrophes and disasters
- First aid – focussed on practical skills in remote areas

Courses can vary in length, depending on the specific requirements:

- **1 day course:** High level seminar with a focus on the key elements of each topic
- **2 day course:** Detailed coverage of each topic and practical exercises (excluding first aid)
- **2.5 day course:** Detailed coverage of each topic and practical exercises (including first aid)

Benefits of HEAT

An approach that works

HEAT courses are run away from your offices in order to put employees in an environment more aligned to working in an unfamiliar location/overseas. This offers valuable practical experience to attendees and provides the space necessary to carry out scenario training.

Better understanding of the risk environment

Attendees come away from *HEAT* courses with a different perspective on the world and themselves. They have a much better understanding of potential threats, which can help them stay

safe when travelling for business. *HEAT* courses can support you in fulfilling your duty of care obligations as well.

Travellers are more confident about safety and security

After completing a *HEAT* course, your travellers will be able to travel with confidence even in higher risk locations. By taking on board the practical examples and course theory, your travellers will not only be able to proactively mitigate risk, but possess the situational awareness to avoid it altogether.

Improve awareness and planning

Having the ability to fully assess a situation keeps your travellers ahead of risk and helps to ensure their safety on the road. It can also improve project and task planning as the full risk picture can be considered in advance, potentially saving time, money and resources further down the line.

Professional training delivered by experts

Our *HEAT* consultants are highly skilled professionals who have undertaken formal instructional training and possess a background of working within hostile environments. Having worked across a range of commercial industries, our instructors can add real-life experience and industry know-how to the lessons they are delivering.